

## Regular Infant Formulas List

There is an ongoing shortage of regular infant formula. Health Canada has allowed the importation of formula brands that are usually not available in Canada. These imported products may start to be available in late May 2023. These products are a nutritious and safe alternative if you cannot find your usual brand.

The following is a list of regular infant formulas approved for retail sale in Canada, including the imported formula brands. This list may not include all infant formulas available. Formulas in each category will provide the same basic nutrients your baby needs to grow. Some will also contain extra ingredients such as omega-3 or prebiotics. You can usually switch formulas within each category without consulting a health care provider.

You may have questions about switching formula. Your child may have food allergies or special needs. If this is the case, you can speak to:

- Your baby's health care provider such as a doctor or nurse practitioner
- A dietitian through Dial-a-Dietitian Manitoba at 1-877-830-2892 or 204-788-8248 in Winnipeg
- Health Links at 1-888-315-9257 or 204-788-8200 in Winnipeg

<b>Standard Cow's Milk Formulas</b>		
Earth's Best Organic with Iron Enfamil Enfamil A+ Enfamil A+ Premium Enfamil NeuroPro* Kirkland Signature Omega+ Modilac Précision 1* Modilac Précision 2* Parent's Choice Iron Fortified	Parent's Choice Lower Iron Parent's Choice Omega+ Parent's Choice Organic Parent's Choice Advantage President's Choice with Iron President's Choice Lower Iron President's Choice Omega+ Similac Step 1 Similac Lower Iron	Similac Advance Step 1* Similac Pro-Advance Step 1 Simply Kids Iron-Fortified Simply Kids Lower Iron Kendamil Classic* Kendamil Goat* Kendamil Organic*
<b>Modified Cow's Milk Formulas</b>		
<b>Partially Hydrolyzed Formulas</b>		
Good Start 1 Good Start Organic Good Start Plus 1		
<b>Partially Hydrolyzed and Lactose Reduced Formulas</b>		
Good Start Soothe Enfamil A+ Gentlease Enfamil A+ Lactose Free Enfamil A+ Serenity Parent's Choice Gentle+	Parent's Choice Sensitivity President's Choice Sensitive to Lactose President's Choice Gentle Modilac Expert Rice*	Similac Sensitive Lactose Sensitivity Similac Total Comfort* Kirkland Signature for Babies Sensitive to Lactose
<b>Soy Formulas</b>		
Enfamil A+ Soy Good Start Alsoy Similac Isomil		

\*Imported formula brands usually not available in Canada